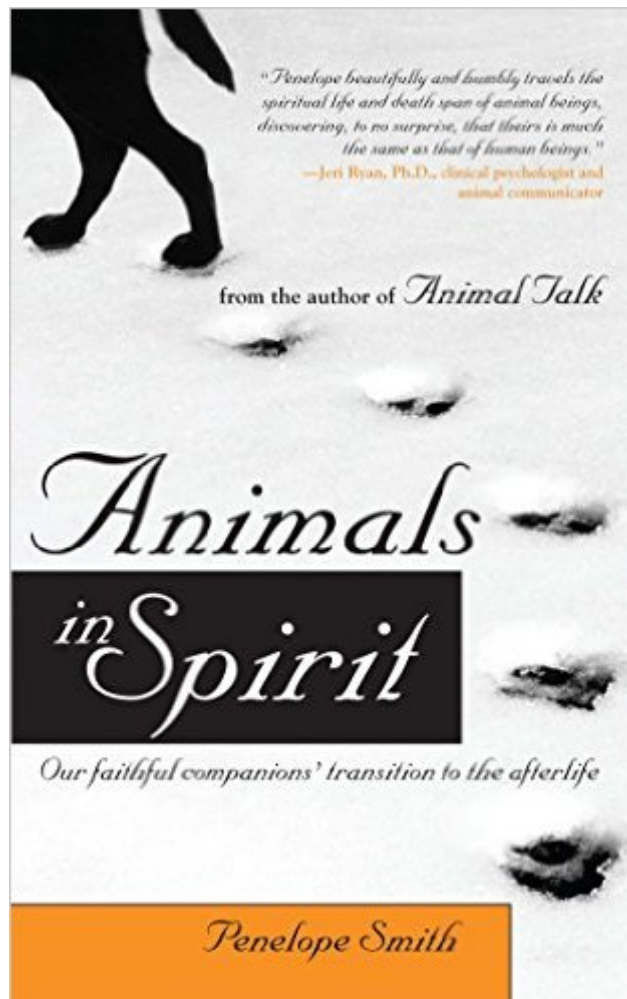


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# Animals In Spirit: Our Faithful Companions' Transition To The Afterlife



## Synopsis

The pioneer in the field of animal communication shows how to explore and transform the often traumatic experience of losing a beloved animal into a positive, uplifting experience for both animals and human friends. With true stories and insights from people and their animals about dying, death, and beyond, readers will learn how to release feelings of loss and separation and instead stay connected to their animal friend in spirit. How do animals feel about crossing over? What do they communicate to us after they die? How can we contact animals in spirit? Losing an animal companion can be a painful experience, yet by examining their transition from a spiritual perspective, *Animals in Spirit* explores the process of dying from the viewpoints of animals and their people. Learn how animals choose their paths in each life, and the knowledge they leave behind for their humans. As animals make their way from the physical into the spiritual realm, *Animals in Spirit* can strengthen the union with our beloved friends by teaching us to accept and understand the full experience of life. With true stories, insights from animals and their human friends, as well as meditations to help communicate with animals in the spirit realm, *Animals in Spirit* will help heal the feelings of loss and separation by connecting you to your faithful companion in spirit.

## Book Information

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## Customer Reviews

Penelope Smith's most recent book, "Animals in Spirit", is a beautiful, heartfelt, and sensitive guide to animals' perspectives on the death and dying process, as well their experiences in the spiritual dimension after leaving the physical body. In sharing her communications with her own animal companions, those of her clients, and in the wonderful contributions of experiences from many other

animal communicators and their clients, Penelope addresses the experience of death from the animals' viewpoints, and also sensitively discusses the grief process for the animals' human companions. I especially loved the section on reincarnation, and the various ways that animals may choose to return to their people in a different body. This book made me laugh, cry, and rejoice at the variety and depth of animal wisdom concerning death. It opened my heart to deeper places of love and trust that love never dies, and to the knowledge that the energy of the connection with our animal friends is eternal. I would highly recommend this book for anyone who has loved and lost an animal. There is a wonderful exercise for helping people to connect with the spirits of their animal friends who have died, as well as a beautiful grief and memorial ritual contributed by animal communicator Barbara Janelle. Throughout, the heartwarming communications from the animals to their human friends assures us that death is most often a natural transition for animals to a different state of being, without the fear and cultural baggage that we humans so often associate with it. In this, the animals are our teachers, as they show us how to accept the death process as a part of the eternal continuum of life.

I read this book several years ago after I lost my spunky Jack Russell. I was especially devastated because of how I'd lost my beloved dog. We live out in the country, and in front of my other dogs, we believe he was caught by either a coyote or a bobcat. Cries were shortly heard from the backyard and then complete silence. We never found him, but know that an animal got him. I was wrought with grief. Losing a pet without any type of expectation, let alone in what felt like such a gruesome way, only increased my grief. Instead of focusing on how he lived and all the joy and comic relief he brought to our lives, I could not seem to stop focusing on HOW he died. I struggled so much with the fact that his final moments must have been so frightening and scary. This really upset me. So I was seeking out some comfort. Reading this book helped me heal so much. It still took a long time before I could think or talk about my beloved dog without choking up. But now I am ok. I miss him, but I know that HE is ok, and also that the way he left this world was part of his spiritual journey. I cried throughout reading the book, but it was a cathartic process. I understood that likely Sammie's final moments were frightening, but also that it must have happened so quickly, it felt like a dream. And that God's goodness would never allow a spirit to endure too much of that, and likely his spirit jumped from his body before everything was finished physically. In the days after Sammie died, I am 100% certain I saw a reflection of him in a window even though there was no dog standing there to have a reflection. I am a very spiritual person and very open to learning about the afterlife, so this concept was not new to me. But it still helped me to process what had happened

so much.

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